

Table Graces and Blessings:

Something for everyone: spoken, sung, shorter, longer, serious, fun!

- 1. God is great, God is good, And we thank God for our food; By God's hand we all are fed; Give us, Lord, our daily bread.
- 2. For health and strength and daily food, We praise your name, O Lord.
- 3. God bless to us our bread and give food to all those who are hungry -- and hunger for justice to those who are fed.

 Lord bless to us our bread.
- 4. For what we are about to receive, may the Lord make us truly thankful. Amen
- 5. Bless this food to the nourishment of our bodies and us to your service.
 In Christ's name we pray, Amen.
- 6. For food in a world where many walk in hunger;
 For faith in a world where many walk in fear;
 For friends in a world where many walk alone;
 We give you thanks, O Lord. Amen.

7. Sung to the tune of "Praise God from Whom All Blessings Flow":

Be present at our table, Lord
Be here and everywhere adored
Thy mercies bless and grant that we
May strengthened for thy service be.

- 8. Bless, O Lord, this food to our use and us to thy service, and keep us ever mindful of the needs of others. In Jesus' Name. Amen.
- 9. Dear Lord, thank you for this gift of food You've placed upon our table. And help us all to do your work In any way we're able.
- 10. Come Lord Jesus, be our guest, May this food by thee be blest, May our souls by thee be fed, Ever on the living Bread.
- 11. In a world where so many are hungry, may we eat this food with humble hearts; in a world where so many are lonely, May we share this fellowship with joyful hearts. Amen.

The Fountains, a United Methodist Church

- 12. God in our waking, God in our speaking; God in our cooking, God in our eating; God in our playing, God in our digesting; God in our working, God in our resting.
- 13. Bless these sinners as they eat their dinners. Amen
- 14. Good food, Good meat, Good Lord, Let's eat. Amen.

Fun Graces for Kids

- 1. Thank you for the food we eat, Thank you for the world so sweet, Thank you for the birds that sing, Thank you God for everything.
- 2. Sung to the tune of "Johnny Appleseed"
- O, the Lord is good to me and so I thank the Lord for giving me the things I need the sun and the rain and the apple seed.
 The Lord is good to me.
 Amen!

- 3. Thank you, God, for loving me.
 Thank you for my family.
 Help me to learn more each day
 To be kind at work and play. Amen.
- 4. Rub a dub dub; thanks for the grub; yeaaaaa God!
- 5. Lord, Bless this bunch As they munch their lunch. Amen.
- ABCDEFG:
 Thank you God for feeding me.
 Amen

and ONF more:

7. Addam's Family Prayer (*sung to tune of Adam's family theme)

Duh duh duh (snap snap)
Duh duh duh duh (snap snap)
Duh duh duh duh
Duh duh duh duh
Duh duh duh (snap snap).

We thank you Lord for giving
The food we need for living
For fun and friends and family
We thank you now oh Lord

Dud duh duh duh (snap snap)
Duh duh duh duh (snap snap)
Duh duh duh duh
Duh duh duh duh
Duh duh duh duh. Amen.